

Lap Band Gives Sense of Fullness

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During lap band weight loss surgery a smaller stomach pouch is formed in the upper portion of the stomach. Normally, this pouch will only hold approximately ½ to 1 ounce of food. This pouch joins the rest of the stomach through an outlet called a stoma.

The person who has had Lap Band surgery will not feel the need to eat when their upper stomach is full and they will be able to control their weight gain and of course decrease their weight.

The Lap Band procedure in essence will allow for individuals to eat smaller meals during the day, yet obtain the required nutrients that they need instead of continuing to go back for seconds and thirds, meaning more weight gain.